





Join the Aetna Get Active + Food Around the Globe Challenge

Challenge runs: August 12-September 22

Discover somewhere you've never been!

You're about to begin a global journey in search of the perfect (and healthy) dish. As you add up steps, try recipes that'll give you the stamina to finish well. At each stop, check out local cuisine and try simple recipes you can make at home. Then bring your dish into work for a taste test.

Registration opens July 29, 2024.



Go to **enroll.virginpulse.com** or scan the QR code and register today.

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